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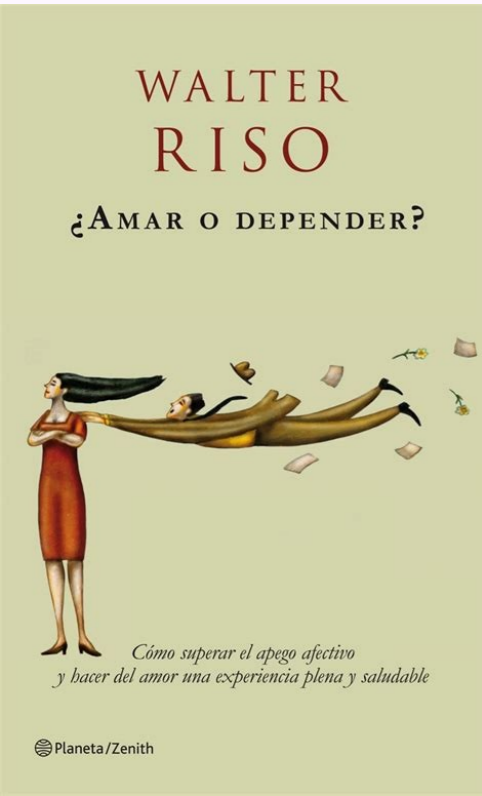
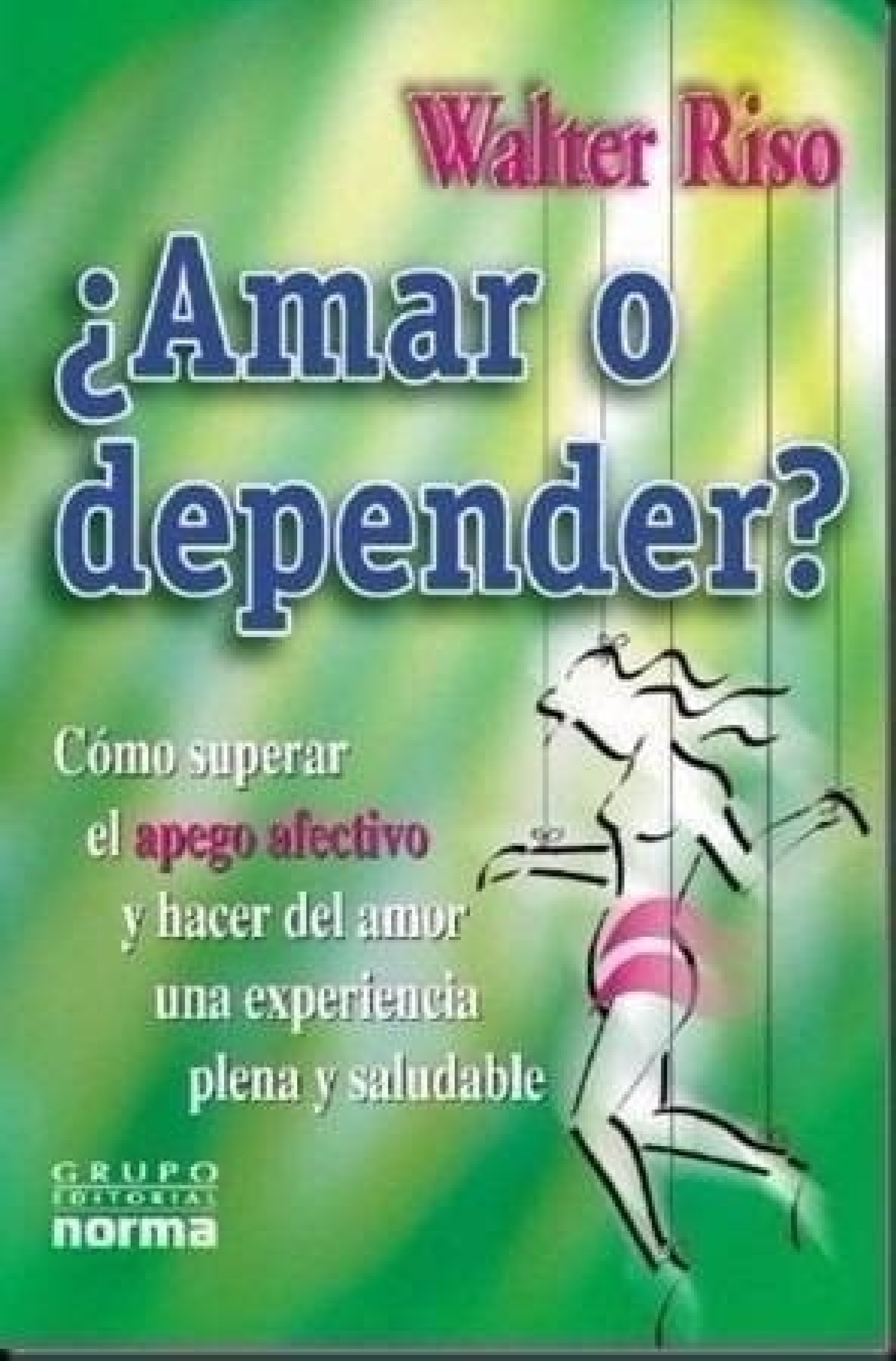
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After reading the first part, you can go to the second or the third part. The following order will define the need of the reader. Continuing with the position taken in my book Deshojando daisies, he maintains a resolute position in front of the theme of love. It highlights the relevance of some fundamental "autos" such as self-respect and self-control, signals the shortcomings of self-inflictedness and promotes independent styles such as exploration, self-government and the sense of life. The premise that has guided his elaboration is that only love is justified when we can do it cleanly, with honesty and freedom. Each idea pursues the optimistic goal that it is possible to love without attachments. And what's more important is worth trying. This book is aimed at all those who want to make love a full, joyful and healthy experience. Walter Riso was born in Italy, and lives between Latin America and Barcelona. He is a doctor in Psychology, specializing in Cognitive Therapy and obtained a Master's degree in Biomedical. For thirty years, he has worked as a clinical psychologist, a practical one that alternates with the exercise of the university professorship and the realization of scientific publications and dissemination in various media. His books have fulfilled the tip of creating a vaccine against sufrime... . Read more

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